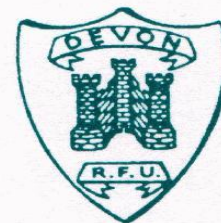


# East Devon, Exeter, North Devon & West Devon

## Rugby Development Newsletter – Edition 2



Here's the second edition of the newsletter for 2011/12, we hope you find it another good read... REMEMBER – tell us your news and views and your club could feature in the next newsletter!

### CLUB DEVELOPMENT SUPPORT PACK 2011/12

At the recent club cluster meetings, clubs received hard copies of the NEW support packs. Please ensure these packs are shared with the key people within your clubs as they contain useful information on Coaching, Refereeing, Volunteering and Funding support. All information will also feature on the new Devon RFU website.

### DEVON RFU LAUNCH NEW WEBSITES...

[www.devonrugby.com](http://www.devonrugby.com) and  
[www.devonrfu.com](http://www.devonrfu.com) are the two  
new sites containing all the  
information on Devon Rugby.

Please take the time to go online  
and have a look.

If you have any comments or  
suggestions please e-mail:

[sarah.veacock@hotmail.com](mailto:sarah.veacock@hotmail.com)

### RFU Safeguarding Workshop for all Club Welfare Officers

October 19<sup>th</sup> Okehampton RFC, 7pm

Organised by Elaine Palmer (Devon Safeguarding Manager). Its chance to ensure your club Welfare Officer is fully up to date with the current requirements. The RFU Safeguarding team from Twickenham will be present, so please come along and learn more!

Club Cluster Events – Thank you to those volunteers who recently attended the workshops in both East & North Devon. Our aim is to provide information and content that is specific to clubs which services your needs. These forums provide a superb opportunity for clubs to work in unison and pull resources together for greater returns. I firmly believe there is mileage in these forums throughout 2011/12 – if you have any ideas please contact us, and we'll aim to cover it! Look out for Club Coaching & Refereeing development opportunities in East Devon coming soon.....

CLUB FEATURE..... Last month saw South Molton stealing the headlines, and this month the focus is on TWO clubs working hard to improve the game in their local communities. ILFRACOMBE RFC and CULLOMPTON RFC are making strides to improve the links between their clubs and the local secondary schools. ILFRACOMBE RFC over the past three months are developing stronger links to Ilfracombe Arts College, with the aim of starting an U18 team that will strengthen the senior section in coming years. CARL PERRIN (Club Chairman) and DAVE SLEE (Head of PE) are the driving force behind the partnership that sees school sessions supported by club coaches, and the club hosting after school training and school fixtures. The numbers have been very positive, and the enthusiasm of the players is growing. In the coming weeks, it's hoped that the Club can find three local fixtures to encourage these lads to stay at the club in the future. CULLOMPTON RFC have been fortunate to receive support from DAVE WALLER the local PCSO who is volunteering to act as their School Liaison Officer and is delivering sessions in Cullompton Community College during curriculum time. ADIE WATTS (Jnr Chairman) is co-ordinating the club support for the programme and already the club have recruited their first new player arriving with his father to sign up! These are two excellent programmes being delivered locally that are supported by the RFU Community Coach Jason Luff. WELL DONE to both clubs for the hard work you are putting in.....

### 1<sup>st</sup> Aid Courses

Does your club ensure the coaches and volunteers who work with children are suitably qualified in 1<sup>st</sup> Aid?

For more information on courses please contact [Jonbendle@rfu.com](mailto:Jonbendle@rfu.com)

Congratulations to BIDEFORD RFC who have recently completed their Clubhouse renovations. A stunning project totalling £90k of improvements has been managed and overseen by the volunteers of the club. A complete face lift for the main club room, bar, kitchen, toilets, and small function room sees the club offering 1<sup>st</sup> class facilities to its members and guests. Those who are lucky enough to visit the club this year will certainly very impressed. Well done to all involved – a project to be very proud of!

## Devon Age Grade NEWS.....

U16 boys programme is beginning with the squad being assembled in preparation for the forthcoming fixtures throughout October

U18 Boy's next game – October 23<sup>rd</sup> Gloucester v Devon

### U20's News

Sunday 30<sup>th</sup> October @Topsham RFC – 1.45pm.  
Open trial for all players wishing to be considered for this year's squad. For more information please contact Gareth Jones (E) [chuggsie3@hotmail.com](mailto:chuggsie3@hotmail.com)

Girls U15 & U18 – Squads named for 2011/12.

Devon Ladies – Squad announced for 2011/12.  
First fixture is versus Cornwall (H) on 16<sup>th</sup> October.

For more information [www.devonrugby.com](http://www.devonrugby.com)

### Upcoming Coaching Courses in Devon

Monday 17<sup>th</sup> October– SCRUM FACTORY @ Tiverton RFC, 6.30pm start

Sunday 23<sup>rd</sup> October – SCRUM FACTORY @ Crediton RFC, afternoon start.

Wednesday 26<sup>th</sup> October– CPD - CONTINUITY IN ATTACK @ Tiverton RFC, 6.30pm start

Wednesday 2<sup>nd</sup> November – Rugby Ready at Tiverton RFC, 6.30pm start

To book on both courses please contact: Vicky Buck (E) [vlb1978@yahoo.co.uk](mailto:vlb1978@yahoo.co.uk) or 07976 895 343

**KIT BURSARY - A reminder for all clubs in Devon.....Clubs can apply for a bursary of £250 towards a new set of O'Neills shirts. This is open to all clubs. Those wishing to take advantage of this bursary please contact Gary Alridge (E) [g.aldridge39@btinternet.com](mailto:g.aldridge39@btinternet.com)**

**RFU GRAND DRAW 2011/12 – the easiest way for clubs to raise cash for themselves!**

If your club has never taken part in the RFU Grand Draw, please don't hesitate this year, get your club registered and begin raising money for your club. Clubs receive 90p for every £1 ticket that they sell throughout the year – it's really that simple.... For more information please contact [grand.draw@therfu.com](mailto:grand.draw@therfu.com) or [Jonbendle@rfu.com](mailto:Jonbendle@rfu.com)

### COACH and REFEREE development for CLUBS.....

There are is a choice of 14 CPD coaching modules that can be delivered at your club for your coaches. Also Referee Education Sessions & Practical Refereeing Sessions aimed at club referees can be delivered at your club.....

For more information on Coaching development please contact [Jasonluff@therfu.com](mailto:Jasonluff@therfu.com) of for Refereeing development contact [Steveharland@rfu.com](mailto:Steveharland@rfu.com)

### Coaches Corner.....

#### The Role of a Coach

So...why do we do it?! Why stand cold and wet through, shivering through a dreary December sunday morning?! Answer is SIMPLES... To **IMPROVE ALL** the players in our squad!

Our players **whole skill set and game understanding** has to be in the fore front of our mind every session we do or every game they play.

For example, if you are 60 points up at half time, why not move your big ball carrying centre (who doesnt have to pass at this level as he just runs through the oppo and has already score a hatrick) to 10 or to 9? This would force his hand and make him have to work on his weaknesses, thus improving him as a player. It will also allow the players around him to thrive as they would not have the game plan of 'Pass it to big Tony and would enable them to express themselves!!!!'

Not only is this in the best interests of the team but of the player. For Big Tony to develop as a player, he must have a well rounded skill set and a solid game understanding. If he fails to work on this, as the other players grow in size and stature, he will be found wanting as all he knows is route 1 and he will struggle to meet his potential. **But what if this means you don't end up winning the game.....**

[www.devonrugby.com](http://www.devonrugby.com) and [www.devonrfu.com](http://www.devonrfu.com)

Date for your Diary.....

Wednesday 26<sup>th</sup> October - DEVON RFU Financial AGM at Okehampton RFC, 7pm start.

For more information contact Jon (E) [Jonbendle@rfu.com](mailto:Jonbendle@rfu.com) or Jason (E) [Jasonluff@therfu.com](mailto:Jasonluff@therfu.com)

