



## JOB DESCRIPTION

Post:	<b>Rehab Specialist</b>
Department:	Exeter Chiefs Women Medical Department
Reporting to:	Lead Women's Physiotherapist
Salary:	£16,000
Hours per week:	18 hours per week (0.5)
Contract Type:	1-Year Contract
Probation Period:	6 Months

### Main Purpose of the Role:

Exeter Chiefs Rugby Club is looking to recruit a Rehabilitation Specialist for the Women's PWR Team. As the Rehab Specialist, you will be the link between Physiotherapists (Medical) & Athlete Performance Department (S&C). You will head up the rehabilitation department under the leadership of the Lead Physiotherapist & Lead Athletic Performance Coach.

### Main Duties & Responsibilities:

1. Head up the rehabilitation under the leadership of the Lead Physiotherapist & Lead Athletic Performance Coach.
2. Create and implement evidence-based rehabilitation plans for mid/long-term rehabbers.
3. One-on-one implementation of rehabilitation plans - mid to end-stage.
4. Be able to take a player through an entire rehabilitation process.
5. Develop and maintain positive relationships by communicating with various stakeholders weekly - Head Coach, Lead Physiotherapist, Team Physiotherapist, Lead Athletic Performance Coach, Team Athletic Performance and International medical/performance teams.
6. Performance testing of injured players in conjunction with the Club's sports scientist.
7. Ensure all diagnostic and fitness testing data is logged as per established departmental protocols and create intuitive and insightful visualisations of important results for presentation to relevant colleagues.
8. Assist with the pre-habilitation of the squad.
9. On occasion be able to assess acute injuries with the Physiotherapy team.
10. Perform soft tissue management where needed with short/long-term rehabbers.

11. On occasion, be able to assist pitch-side when needed.
12. Maintain comprehensive and up-to-date medical notes utilizing the RFU performance management system.
13. Facilitate and proactively contribute to applied research projects as directed by the Head of Performance/Medical.
14. Any other reasonable activities requested by the Lead Physiotherapist/Lead Athletic Performance coach.

This role represents an exceptional opportunity to make a lasting impact on the Physical development of Exeter Chiefs women's rugby players.

## PERSON SPECIFICATION

Requirements	Essential	Desirable	How Assessed (AF / IV / Other)
<b>Qualifications / Training</b>			
Membership of a relevant professional body (The Health and Care Professions Council (HCPC)/ The British Association of Sport and Exercise Sciences (BASES)/ British Association of Sport Rehabilitators and Trainers) (BASRAT) / The Society of Sports Therapists (SST) and Sports Therapy Organisation (STO).	✓		AF
Undergraduate/postgraduate Degree in Physiotherapy, Sports & Exercise Science, Sports Therapy or Sports Rehabilitation.	✓		AF
Previous experience in leading mid-late-stage/ return-to-play injury rehabilitation programs.	✓		AF
Demonstrable portfolio of professional development activities relevant to rehabilitation from musculoskeletal injury.		✓	AF
PHICIS Level 2 or 3.		✓	AF
Able to evidence Legal Right to Work in the UK.	✓		AF
<b>Behavioural Competencies</b>			
<b>Relationships</b> Be able to work within a	✓		AF / IV

multidisciplinary team and work with others to reach a common goal. Able to build strong working relationships with fellow practitioners, coaches and players			
<b>Communication</b> Excellent communication and interpersonal skills	✓		AF / IV
<b>Professional Development</b> Committed to professional development and a high standard of professionalism	✓		AF / IV
<b>Honesty and Trust</b> Displays honesty, openness, and an approachable demeanor. Committed to confidentiality within the work environment	✓		AF / IV
<b>Hard Worker</b> Able to work unconventional hours. Able to operate within a high-pressure working environment	✓		AF / IV
<b>Critical Thinking</b> Conscientious and committed to attention to detail	✓		AF / IV

Where aspects of the person's specification are shown as 'desirable' it is understood that the knowledge, skills or experience required could be achieved through relevant training. In selection decisions, however, preference will be given to those candidates who can already demonstrate competence in the areas specified.

This post is subject to obtaining, DBS clearance, and evidence to show eligibility to work in the UK and satisfactory employment references.

Please send all applications including: a supporting cover letter (Max 2 pages) and CV (including two contactable references) to [kenkabongo@exeterchiefs.co.uk](mailto:kenkabongo@exeterchiefs.co.uk)

Exeter Chiefs Rugby Club is an equal opportunities employer and positively encourages applications from suitably qualified and eligible candidates.